



Lancashire County Sportshall League 2019/20

ENTRY FORM – 24th November 2019



Sir Tom Finney Sports Centre, UCLAN, Preston PR1 2HE (Car park PR1 8RU)

Athlete Name _____ D. of B. _____ M/F _____ Age Group _____

Athlete Address _____

Club/School Name _____ EA Reg No. _____

I accept that the organisers shall not be liable for any injury to my person because of my taking part, nor any loss of property. I accept that refunds will not be made. I understand that photographers will attend this event. I also give consent for the Lancashire County Sportshall Committee to hold my details for Regional selections on a protected computer and by this hard copy. All details will be deleted or shredded by the 1st May 2020.

Parental/Guardian Signature _____ Date _____

Contact Name _____ Contact Number _____

Contact Email _____

Athletes can compete in a maximum of 4 events but only one event can be chosen in each of the four categories; A, B, C or D. Pre-registration is £8 per athlete and entries on the day are £12 per athlete and must be entered before 9.40am. Charges are per athlete and not per event. Please tick below, in the correct age bracket, which events your athlete will be competing in and circle the correct event date above.

| | A | B | C | D |
|--|--------------|--------------|---------------|--------------------------|
| Under 11 (Age 8 on day of comp up to year 6) | 1 Lap | Speed Bounce | Vertical Jump | Chest Push |
| | Obstacle Lap | Balance Test | Triple Jump | Javelin (max 5 per club) |

| | A | B | C | D |
|-------------------------------|--------|---------------|-------------|-----------|
| Under 13 (School years 7 & 8) | 2 Laps | Speed bounce | Long Jump | 6 Laps |
| | 4 Laps | Vertical Jump | Triple Jump | Shot Putt |

| | A | B | C |
|-------------------------------------|--------|--------------|---------------|
| Under 15 Girls (School year 9 & 10) | 2 Laps | Speed bounce | Long Jump |
| | 4 Laps | Shot Putt | Vertical Jump |
| Under 15 Boys (School year 9 & 10) | 2 Laps | Speed bounce | Long Jump |
| | 4 Laps | Shot Putt | Triple Jump |