

male vet 50					5k (1 to count)				Interclub (3 to count)					10k (1 to count)				10 mile (1 to count)				HM (1 to count)				
Position	Name	Category	Total points	Interclub points (top 3)	Central Lancashire 5k	Mid-Cheshire 5k	Avenham Park 5k	315 5km	Blackpool	Lytham	Thornton	Wesham	Chorley	Red Rose	Ribble Valley 10k	Blackburn winter warmer	Penny Lane Striders 10k	UK Fast City of Salford 10K	St Annes 10 mile	Calder Vale 10 mile	Prudent Riverside 10m	Kirkby Miers Safari 10 mile	Inskip HM	Wrexham Village Bakery Half	Southport HM	Garstang HM
1	Neil McDonald	V50	356	150			50		50	50	50	50	48		52				52	52			52			52
2	Peter Cowling	V50	346	140				52	47			47	46	46			52				50					52
3	Andrew Tranter	V50	337	138	52		46	50		44	48	46			50	50					47			50		
4	Ashraf Kazee	V50	336	137			47		46	46		45	45	45				52			48				52	
5	Ian Bebbington	V55	328	133			45			43	46	43		44			48					52				50
6	David Watson	V50	308	156		52	52		52	52	52	52	52	52	48						52					
7	William Johnstone	V55	189	141			48			47			47	47												
8	Mark Lee	V50	146	146						48		48	48	50												
9	Dale Wallis	V50	137	137					45	45	47	44														
10	Dean Kirby	V55	130	130						44	41	43	43													
11	Michael Brown	V55	89	89						45		44														
12	John Russell	V50	84	84						42		42														
13	Alan Durney	V50	52	0											52											
14	Colin Shuttleworth	V55	50	0																						
15	John Griffiths	V50	48	48					48																	
16	Adam Fielder	V50	48	0												48										
17	Alan Metcalf	V55	47	0											47											

female vet 50					5k (1 to count)				Interclub (3 to count)					10k (1 to count)				10 mile (1 to count)				HM (1 to count)				
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1	Sue Wickham	V55	362	156			50	50			52	50	52	52	52		52	52	52						52	52
2	Angela Tranter	V50	356	154	52		48	52		52	50	52					50			50	48					50
3	Tracy Young	V50	247	150			47		52	48		48		50	50											
4	Susan Ashcroft	V55	52	0		52	52																			
5	Jane Robinson	V55	52	0																	52					
6	Amanda French	V55	50	50						50																

male vet 60					5k (1 to count)				Interclub (3 to count)					10k (1 to count)				10 mile				HM				
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1	Kevin Hesketh	V60	208	104		52			52			52			52											
2	Kenneth Beardzley	V60	206	154			52			52		50	52													52
3	Alan Appleby	V70	202	150						50	52		48	48	50	52				52						50
4	Carl Hogarth	V65	152	152								50	52	50												
5	Phil Lakeland	V60	146	146					50	48	48	47	45	45												
6	Michael McLoughlin	V65	142	142							50		46	46												
7	Alan Litter	V75	142	142								48	47	47												
8	David Roberts	V70	134	134								46	44	44												
9	Dave Roberts	V70	95	95					48	47																
10	Steve Taylor	V60	0	0																52						

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1	Maureen Kirby	V65	260	156			52		48	52	52	50	52	52				52								
2	Marian Hesketh	V60	104	52					52						52											
3	Linda Roberts	V60	100	50					50						50											
4	Judith Daakin	V70	99	47					47						48	52										
5	Linda Roberts	V60	52	52								52														
6	Felicity Cross	V60	0	0																		52				